

PREMIUM GOLD DASH O' FLAX - 10 OZ SHAKER JAR

HIGHLIGHTS:

- 0 Grams Trans Fat**
- Essential Fatty Acids**
- Gluten Free**
- Non GMO**
- 100% Natural**
- Refrigeration not Required**
- Kosher**
- Product of North Dakota, USA**

**Packaged in a Gluten Free
Nut & Lactose free facility**

Nutrition Facts

Serving Size 1/2 Tbsp (3g)

Servings Per Container about 95

Amount Per Serving	
Calories 15	Calories from Fat 10
Omega 3 - 220 mg	Omega 6 - 50 mg
	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 1g	0%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9 • Carbohydrate 4 • Protein 4

Package by Premium Gold Packaging • Denhoff, ND